PORMPUR NGAMPLIN PAM MONGTHAK ABORIGINAL CORPORATION

PNPM News Week

– FORMERLY PORMPUR PAANTHU ABORIGINAL CORPORATION (PPAC) –

Issue 322

Monday 2 November 2026

PNPM Men's Support Services Program

November – December 2026

Yarn Support Belong Thrive

STRONG MEN • STRONG CULTURE • STRONG COMMUNITY



The Men's Shed is open each day for drop-in from 9am to 3pm. Someone is usually free to have a yarn to about any concerns you might have or any support/referral you need.



Coffee/Tea/Cordial, Biscuits, Fruit available every day. A gym is available too.

EACH DAY WE FOCUS ON SOMETHING DIFFERENT:

MONDAY (9am – 1pm)
- Support
- Play Game Pool

TUESDAY (10am – 12:30pm)
- Men's Group
- Yarning
- Lunch provided

WEDNESDAY (9:30am – 2:30pm)
- Cultural/On Country Activity
- Yarning

THURSDAY (9am – 1pm)
- Self Guided Cultural Activities

FRIDAY (9am – 12pm)
- Support
- Play Game Pool



We will also be available for a yarn **under the tree at the Men's Shed** each **Thursday from 10am – 12pm.**

Each day we will provide **transport** from **in front of the Healing Centre** to the Men's Shed and return.

Pick up times are **9am and 1:30pm daily.** Drop off times are **12pm and 3pm daily.**

Feel free to make your own way to the Men's Shed or stop by the Healing Centre to get transport when available.



SPECIAL EVENT

Monday 23 November 5pm at the Men's Shed

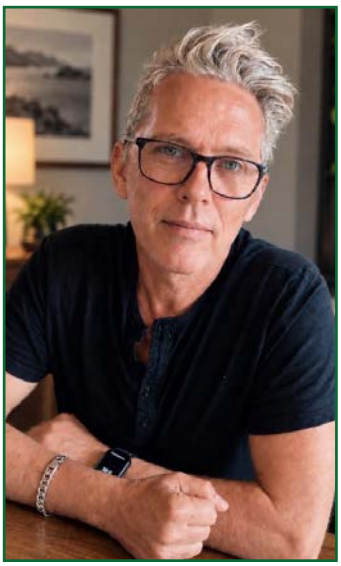
Celebrating International Men's Day

PORMPUR NGAMPLIN PAM MONGTHAK ABORIGINAL CORPORATION

ABN 76 781 343 047

Men's Shed Mobile Number (during office hours)

0488 928 415



Introducing...

Nigel – Healing Centre Services Manager

I'm a psychologist by trade, with more than 20 years' experience across the community services sector, including Child Safety, Foster and Kinship Care, Aged Care, Disability Services, Housing and Homelessness.

For the past 15 years, I've been fortunate enough to dedicate my career to working in remote communities all across the top end of Australia.

I feel incredibly lucky to have had such a rewarding career in community services, including the past six years being connected with Pormpuraaw.

What do I love most about Pormpuraaw?

Besides being close to the saltwater and those amazing sunsets, I love the strong sense of community.

There's nothing better than walking down the road and being stopped for a yarn.

Those everyday connections are what make this place special, and I feel privileged to be part of the community.

When I'm not at work, you'll usually find me tackling the never-ending list of domestic chores (apparently, they don't do themselves!).

But when I get the chance, I love cooking, exploring new recipes and keeping up with the latest food trends.

When I'm away from Pormpuraaw, I spend time with family or do what I enjoy most — cooking!

I love travelling and hunting down great cafés, discovering new restaurants and exploring anything food-related. I'm always happy to hear a recommendation.



...& Barbara – Healing Centre Services Receptionist

Barbara has held many positions in Pormpuraaw, including cleaning at the HACC Centre as a cook's assistant, a guesthouse cleaner and PUBSC bar staff.

Her work now is in the Healing Centre Services reception area and she is always willing and able to help community access the right PNPM service for them.

Barbara is local and enjoys spending time with family and friends as well as fishing.

PNPM ANNUAL GENERAL MEETING (AGM)

PORMPUR NGAMPLIN PAM MONGTHAK
ABORIGINAL CORPORATION

Friday, 20 November 2026
10am -12pm
Venue: PNPM After School Care (Corner Shed)
(If you can't attend the meeting in person, you can join the meeting via teleconference by calling 0475 011 407)

To report sly grogging, phone the confidential Sly Grog Hotline on 1800 500 815

ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING, CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY

PNPM News Week is edited by Christine Howes: chowes.com.au